



California Pan-Ethnic Health Network

Sacramento County Multicultural Health Fact Sheet

Introduction

The California Pan-Ethnic Health Network works to ensure that all Californians have access to health care and can live healthy lives. CPEHN gathers the strength of the state's new majority to build a united and powerful voice in health advocacy. We developed county-level fact sheets for Fresno, Los Angeles, Sacramento, and San Diego counties to provide community organizations with data to support their program planning and advocacy work.

Demographics

People of color make up 51.1% of Sacramento County's population. Latinos are the largest racial/ethnic group, followed by African Americans. A disproportionate number of people of color live below the federal poverty level.

Table 1: Race/Ethnicity and Poverty in Sacramento County

Race/Ethnicity	Population	Below Poverty
African American	10.8%	23.7%
Latino	19.8%	19.5%
Native American/Alaska Native	1.6%	20.9%
Asian	14.5%	20.3%
White	49.9%	11.4%

Note: Data and federally established poverty thresholds (\$17,029 for a family of four) from 1999.

Source: Health Data Summaries for California Counties 2006,
<http://www.dhs.ca.gov/hisp/chs/OHIR/reports/others/datasummaries2006.pdf>.

Language Needs

A little over 24% of people in Sacramento County speak a language other than English at home. Of these, 10% speak Spanish at home and 8.15% speak an Asian language.

Source: www.censusscope.org.

Health Conditions

Communities of color still face high rates of certain health conditions. More than half of the African American, Latino, and Native American/Alaska Native populations in Sacramento County are overweight or obese, leading to increased rates of diabetes. Asthma hospitalizations are almost three times as high for African Americans as they are for Whites.

Table 2: Health Conditions in Sacramento County

Race/Ethnicity	High Blood Pressure Diagnosis	Overweight or Obese	Diabetes (Type 1 and Type 2)	Adult Heart Disease	Asthma Hospitalization (All Ages)	Asthma Hospitalization (Children 0-14 years)
African American	34.3%	61.1%	15.7%	4.9%	25.5	30.1
Latino	16.8%	60.1%	5.7%	--	8.2	11
Native American/ Alaska Native	--	57.8%	--	--	--	--
Asian	21.5%	33.6%	5.8%	--	6.8	12.9
White	24.4%	52.0%	5.1%	7.2%	8.8	13.6

Notes: For adults “Overweight or obese” include respondents who have a BMI of 25 or greater. For adolescents, “Overweight or obese” includes the respondents who have a BMI in the highest 95 percentile with respect to their age and gender. Asthma rates were calculated per 10,000 residents and age-adjusted to the 2000 U.S. Population.

Table 3: Cancer Rates in Sacramento County

Race/Ethnicity	All Cancers	Breast Cancer	Prostate Cancer	Lung Cancer
African American	438.2	59.8	184.5	56.2
Latino	394.4	56.2	112.7	40.8
Native American/ Alaska Native	--	--	--	--
Asian	286.4	44.5	79.1	31.5
White	476.9	76.3	150.8	69.5

Note: Rates are per 100,000 and are age-adjusted to the 2000 U.S. Population.

Sources: California Health Interview Survey data, pooled 2003 and 2005 and *Diabetes in California Counties: Prevalence, Risk Factors and Resources*, 2005, California Diabetes Program, California Department of Health Services.

Access to Care

Latinos in Sacramento County (35.2%) were more than twice as likely as Whites (11.5%) to be uninsured for all or part of the year. African Americans (13.5%) and Asians (12.1%) were also uninsured at a higher rate than Whites.

Source: California Health Interview Survey data, pooled 2003 and 2005, for Sacramento County’s population under the age of 65.

Additional Resources

For more information, go to CPEHN’s Multicultural Health Web Portal at www.cpehn.org.

Funding provided by The California Endowment.