



*SOUTHEAST ASIAN COMMUNITY  
ADVOCACY SERIES*

# ADVOCATING FOR HMONG MENTAL HEALTH NEEDS

Community participants in Butte County will receive  
a \$50 Visa Gift Card and 50 lb bag of rice!

Facilitated by  
psychologist Dr. Ghia Xiong

REGISTRATION LINKS  
ARE CASE-SENSITIVE!

## *LISTENING SESSIONS*

March 16, 2021 | 5:00 - 6:30 PM

### **Mental Health in the Hmong Community: A Listening Session for Youth and Young Adults**

**About:** In this session, we want to hear from **Hmong community members who are young adults and working professionals** on their knowledge of and experiences with mental health services in **Butte County**. We also hope to learn about key mental health challenges and ways to improve access to and quality of services.

**Register:** [bit.ly/HCCBCRegistration1](https://bit.ly/HCCBCRegistration1)

March 26, 2021 | 5:00 - 6:30 PM

### **Mental Health in the Hmong Community: A Listening Session for Older Adults and Seniors\***

**About:** In this session, we want to hear from **older adults or elderly Hmong community members** on their knowledge of and experiences with mental health services in **Butte County**. We also hope to learn about key mental health challenges and ways to improve access to and quality of services.

**\*Event will be conducted in-language, Hmong only**

**Register:** [bit.ly/HCCBCRegistration2](https://bit.ly/HCCBCRegistration2)

## *LOCAL ADVOCACY EVENTS*

April 16, 2021 | 10:00 - 11:30 AM

### **Effective Mental Health Engagement with the Hmong Community**

**About:** Do you live in Butte County or work in mental health systems that serve the Hmong community? Do you want to improve how you work with Hmong clients and community members in mental health settings? Join us to learn about **Hmong cultural beliefs** about illnesses and treatment, mental health services, and effective practices for rapport and engagement.

**Register:** [bit.ly/HCCBCRegistration3](https://bit.ly/HCCBCRegistration3)

April 23, 2021 | 5:00 - 6:30 PM

### **Effective Mental Health Advocacy for the Hmong Community\***

**About:** Are you interested in learning how you can be more involved in shaping mental health services and in improving access and quality of mental health in your county? Join us to learn about **CA's mental health system**, how the local government implements mental health funding, and effective skills and strategies to advocate for better mental health services in your community. **\*Event will be**

**conducted in-language, Hmong only**  
**Register:** [bit.ly/HCCBCRegistration4](https://bit.ly/HCCBCRegistration4)

