

SEPTEMBER 22, 2021

THE POWER OF HEALING

GLADYS R. FLORES

My Roots – Mixteco

I come from a town named San Agustin
Atenango, Silacayoapam Oaxaca, Mexico

MY FAMILY



“

Let me feel your pulse, tell me what your heart is saying

- Abuelita Marcelina

Mis Abuelitos

My Grandparents

How are you?

Another way to open a
communication and share your
feelings and thoughts

Services

why we don't search for help?

Who do you trust?



LANGUAGE

Have interpretation
available

CULTURE

Not everyone is
comfortable in speaking
their feelings

SENSITIVITY

Be patient, in understanding
their culture background

BARRIERS

Traditional Healing

Ni'ii – Temazcal

Benifits of the Ni'ii - Temazcal

- Mental Health
- Physical Health
- Spiritual Health

Contact me



PHONE

(661) 889. 0461 - MOBILE

(661) 845. 5869 - OFFICE

EMAIL ADDRESS

gflores@cupbj.org