



THE RIGHT TO HEAL:

CENTERING MENTAL HEALTH MULTI-RACIAL EQUITY IN CALIFORNIA

September 22, 2021

In Collaboration With

5 Statewide Partners

- California Black Health Network
- California Consortium for Urban Indian Health
- California Pan-Ethnic Health Network
- Latino Coalition for a Healthy California
- Southeast Asia Resource Action Center

5 Local Partners

- Bakersfield American Indian Health Program
- California Black Women's Health Project
- Hmong Cultural Center of Butte County
- Restorative Justice for Oakland Youth
- Visión y Compromiso

Funded By

Mental Health Services Oversight & Accountability Commission



689 people participated in the multiple listening sessions, conferences, and advocacy trainings hosted by the 10 local and state partners

Listening Session(s)	Local Partner	State Partner	Community of Focus	Region
<i>Reimaging Black Mental Health Listening Session</i>	California Black Women's Health Project	California Pan Ethnic Health Network	Multicultural	Los Angeles
<i>Advocating for Hmong Mental Health Needs</i>	Restorative Justice for Oakland Youth	California Black Health Network	Black	Alameda
<i>The Advocacy for American Indian Health and Equity in Kern County Conference</i>	Bakersfield American Indian Health Project	California Consortium for Urban Indian Health	Native American	Kern
<i>Mental Health Matters</i>	Hmong Cultural Center of Butte County	Southeast Asia Resource Action Center	API	Butte
<i>Mental Health Matters: Culture as a Social Determinant of Health</i>	Visión y Compromiso	Latino Coalition for a Healthy California	Latinx	Kern

Event Agenda

Time	Location	Session Name
10:00 – 10:25am	Red Stage	Welcome & Housekeeping
10:35 – 11:35am	Orange Stage	<i>Challenges and Issues that Diverse Racial and Ethnic Communities Face in Accessing the Mental Health Services Act: Findings from 2021 Listening Sessions</i>
11:35 – 12:15pm	Yellow Stage	<i>Statewide Partner Perspective</i>
12:15 – 12:45pm		Raffle Winner & Live DJ
12:45 – 12:50pm	Red Stage	Keynote Address from Assemblymember Bauer-Kahan
12:45 – 1:00pm		Keynote Address from Gladys Flores
1:00 – 1:50pm	Green Stage	<i>Workshop #1: Healing Within: Finding a Culturally Competent Healer</i>
	Blue Stage	<i>Workshop #2: Overcoming Access Challenges to Mental Health Services</i>
1:50 – 2:30pm	Orange Stage	Zine Winners Announcement <i>Listening Sessions from a Multicultural Lens</i>
2:30 – 3:00pm	Yellow Stage	Raffle Winner & Guided Meditation & Closing Remarks

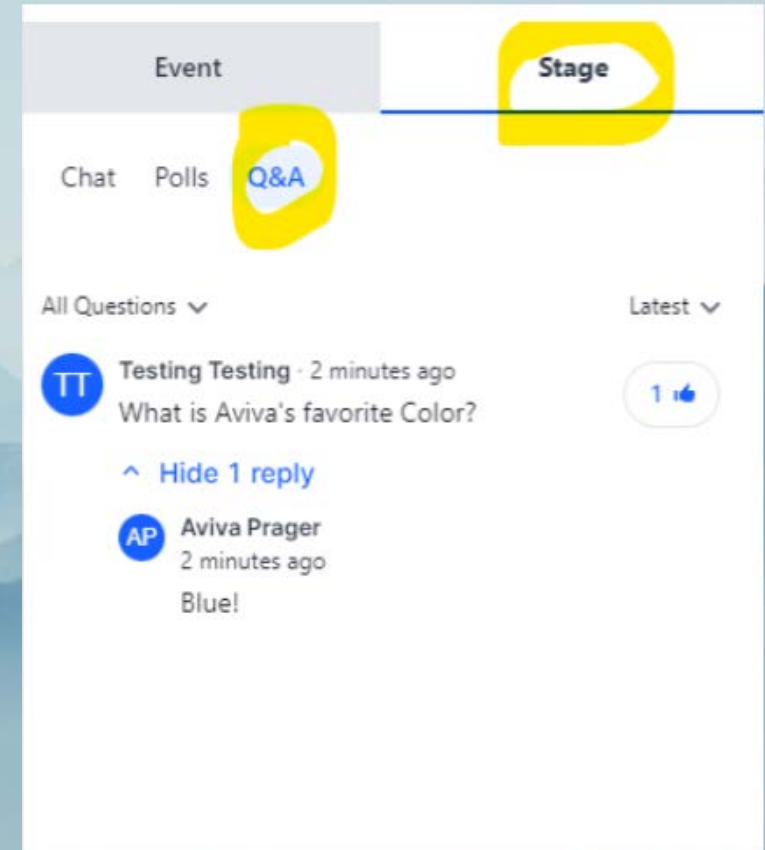
Content Warning

This program may include difficult topics related to mental health and emotional well-being. **We encourage you to take care of yourself** during this program and use the following resources:

- The California Peer-Run Warm Line at [\(855\) 845-7415](tel:(855)845-7415)
- 24-hour Suicide Prevention Lifeline: [\(800\) 273-8255](tel:(800)273-8255) or text 838255
- 24-hour Domestic Violence Hotline: [\(800\) 799-7233](tel:(800)799-7233) or click Chat Now
- You can also text “TalkWithUs” to 66746 to connect with a trained crisis counselor

Housekeeping

- All sessions will be recorded and recordings, slides, and materials will be available after the event
- You are in listen-only mode. Please use the chat to interact with other attendees and the Q&A to ask questions. CPEHN staff will be monitoring the chat and Q&A
- If you would like to network with attendees. You can use the Networking feature. This will randomly match you with others who click "Network" for a short conversation
- You may notice a slight delay in seeing the slides. Thank you for your patience!
- If you need technology help
 - Make sure you are using Google Chrome or Firefox
 - Call (510) 832-1106 ext. 308
 - Post in the chat



Hopin Stages

- Our event uses several different Stages. CPEHN staff will announce the upcoming Stage verbally and in the chat. You can also find which Stage a session is on in the digital program
 - To move to a new Stage, on the left-hand side of the screen, click Stages
 - Select the appropriate Stage. Live Stages will have a red "live" icon

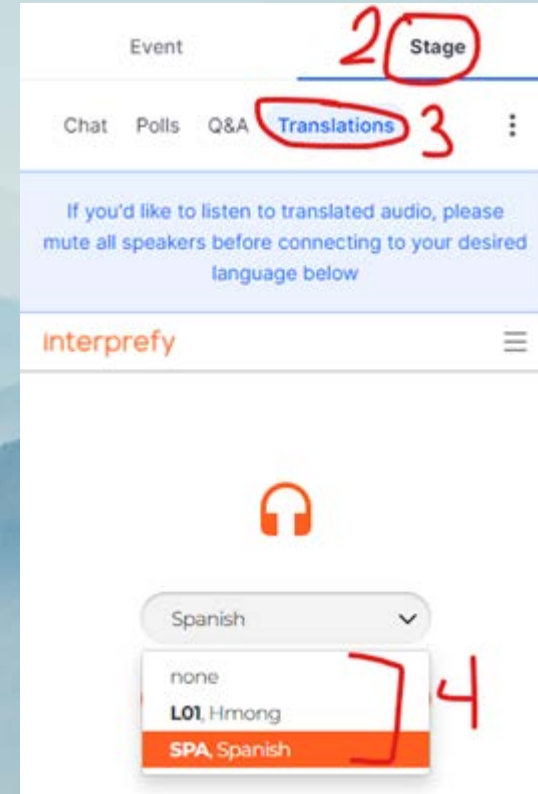


Accessing the Event in Other Languages

Our event is available in English, Spanish, and Hmong

To access the event in Spanish or Hmong:

- Navigate to the desired Stage
- On the right-hand side, click **Translations**
- Select the language you would like to listen in
 - L01 = Hmoob
 - SPA = Español
- Click **Connect**
- English closed captions are also available. To access closed captions:
 - Click the "Closed Captions" (next to translations)

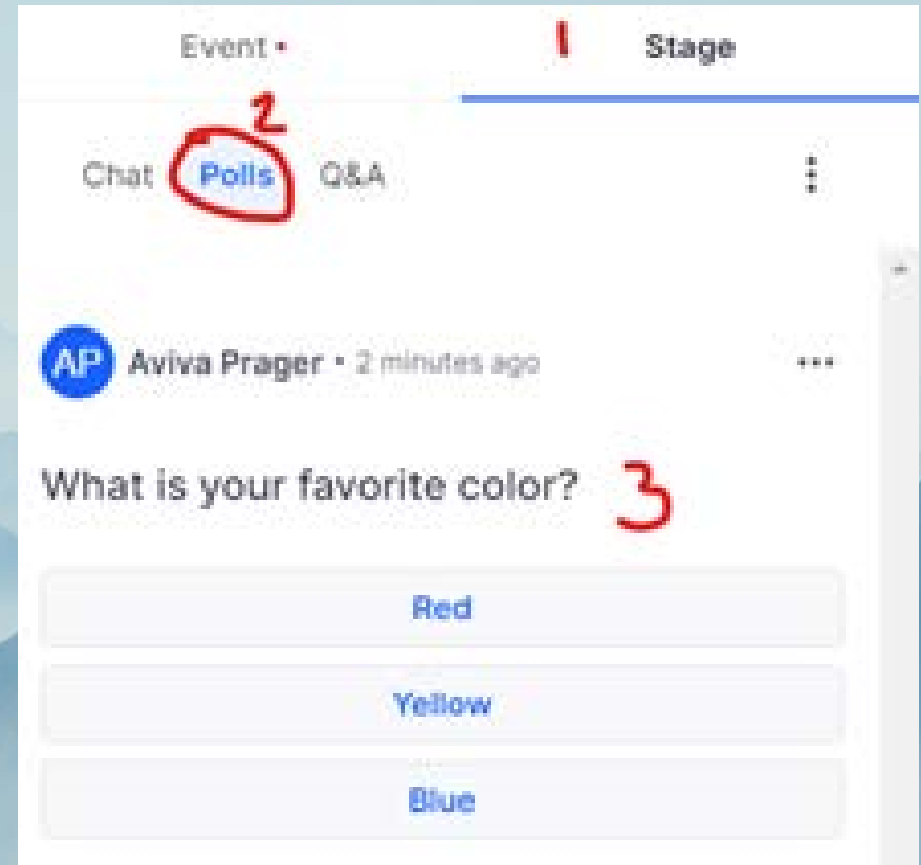


Polls

In order to help us understand who is in the audience, please complete our polls!

To participate in the poll:

- Make sure you are in the Red Stage
- Click **Polls**
- Select your response to the poll questions



The Right to Heal Mental Health Advocacy

Dr. Ghia Xiong

Director of the Living Well Center

The Fresno Center

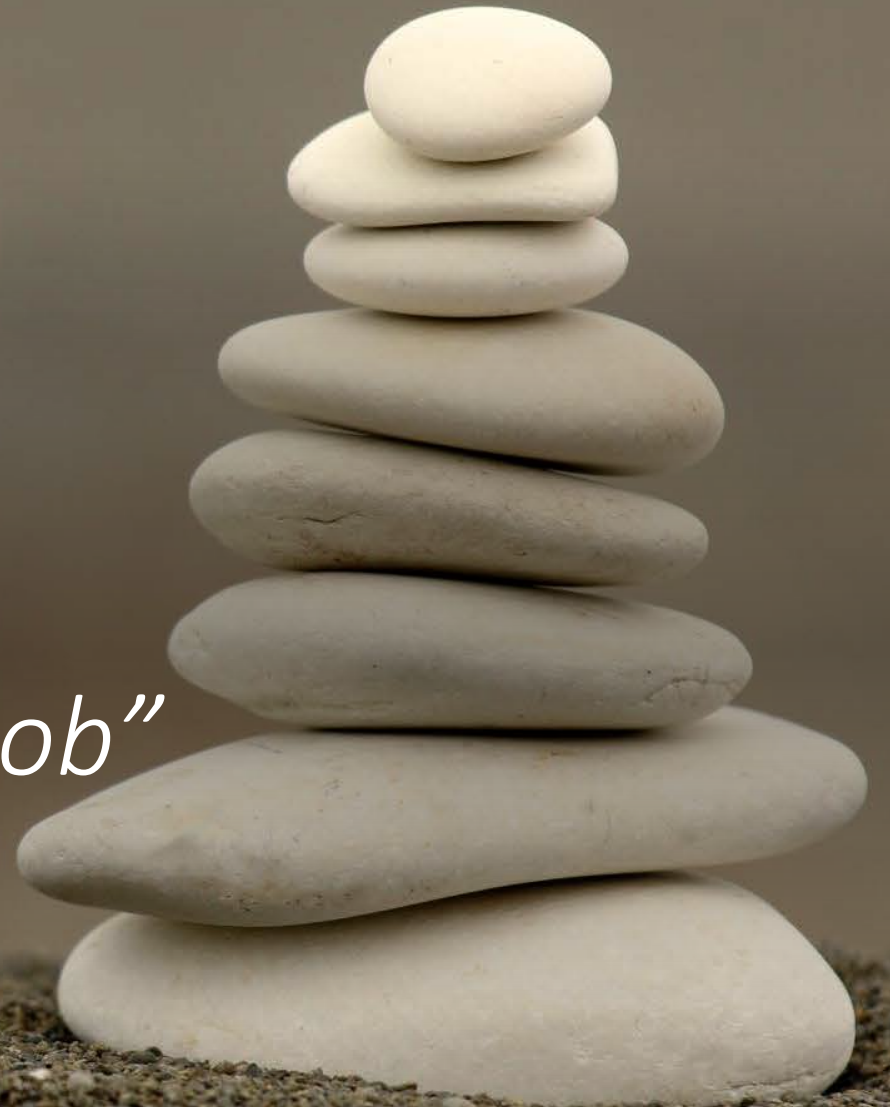
Fresno, CA

September 22, 2021

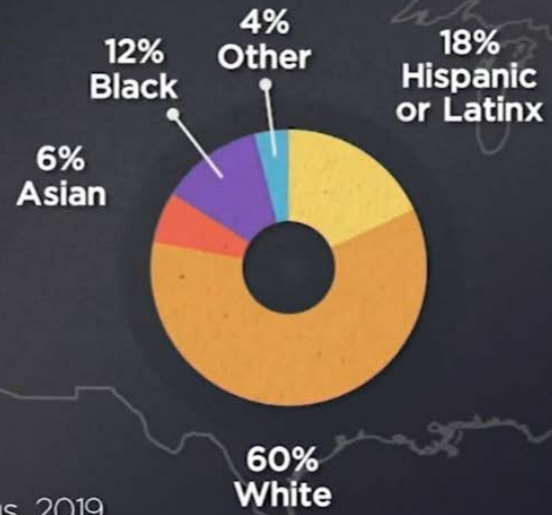


A Hmong PROVERB

“Xyeej Tsawg Xwb Tsis Xyeej coob”

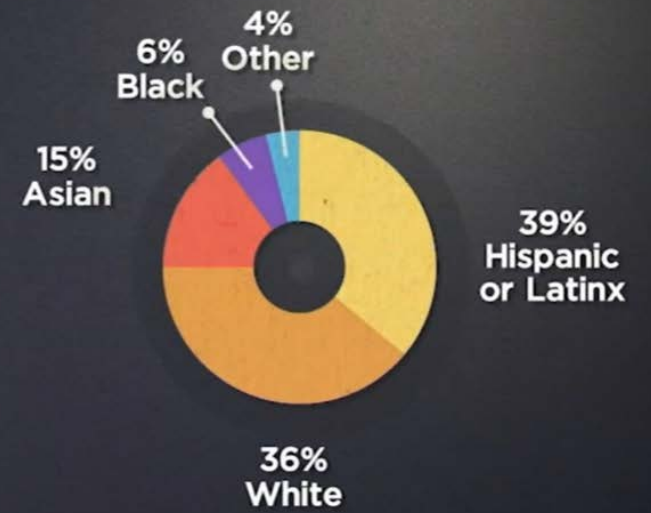


Demographics by race



Source: U.S. Census, 2019

Demographics by race



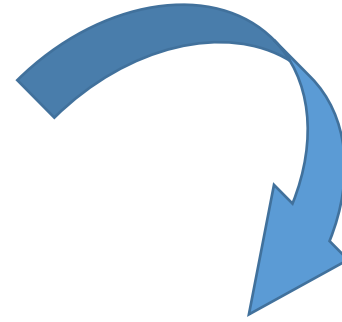
Source: U.S. Census, 2019

Mental Health Services Act

- The MHSA was passed by California voters in 2004 and is funded by a one percent income tax on personal income in excess of \$1 million per year
- It is designed to expand and transform California's behavioral health system to better serve individuals with, and at risk of, serious mental health issues, and their families.
- MHSA addresses a broad continuum of prevention, early intervention, and service needs and the necessary infrastructure, technology, and training elements that effectively support the public behavioral health system.
- \$2.4 billion Fiscal Year (FY)2019-20; \$2.5 billion will be deposited into the MHSF in FY 2020-21; and \$2.6 billion in FY 2021-22*.



STATE



LOCAL

INNOVATION PLAN
COUNTY of FRESNO

California Reducing Disparities Project - Evolutions



Community



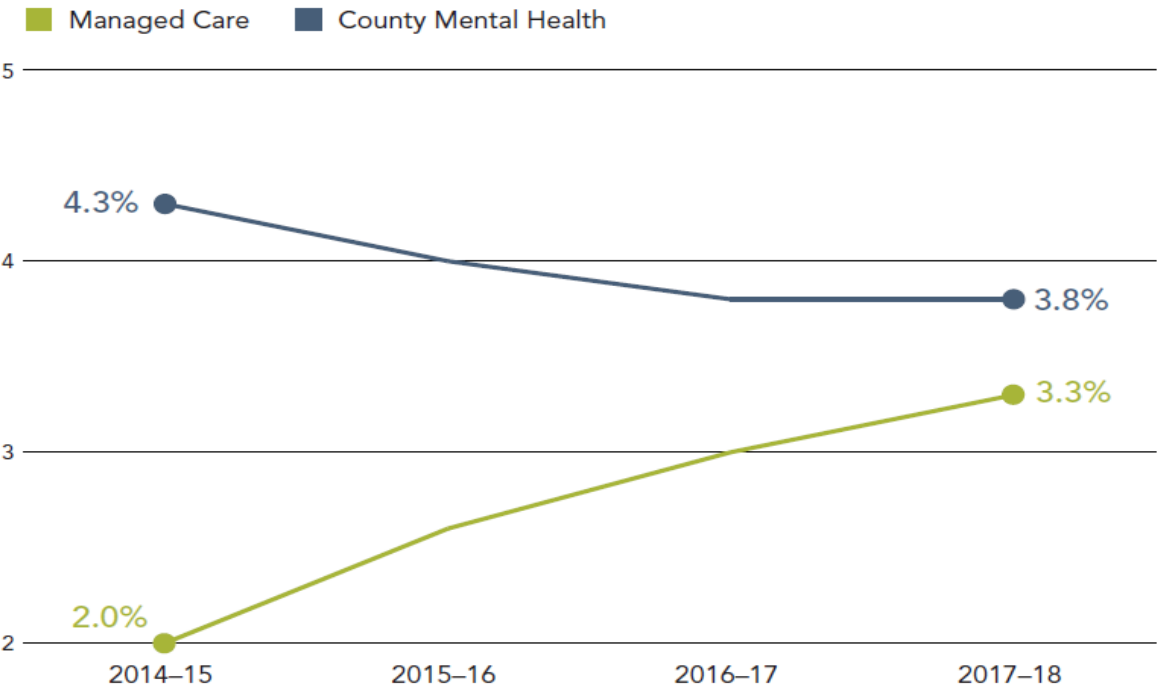
LIVING WELL
CENTER

With Great Diversity (multicultural) comes with great responsibility



Medi-Cal Mental Health Access Rates, Adults, Managed Care Plans and County Specialty Mental Health Plans, by Year

Between 3% and 4% of Eligible Enrollees Received Medi-Cal Mental Health Services in 2017-18

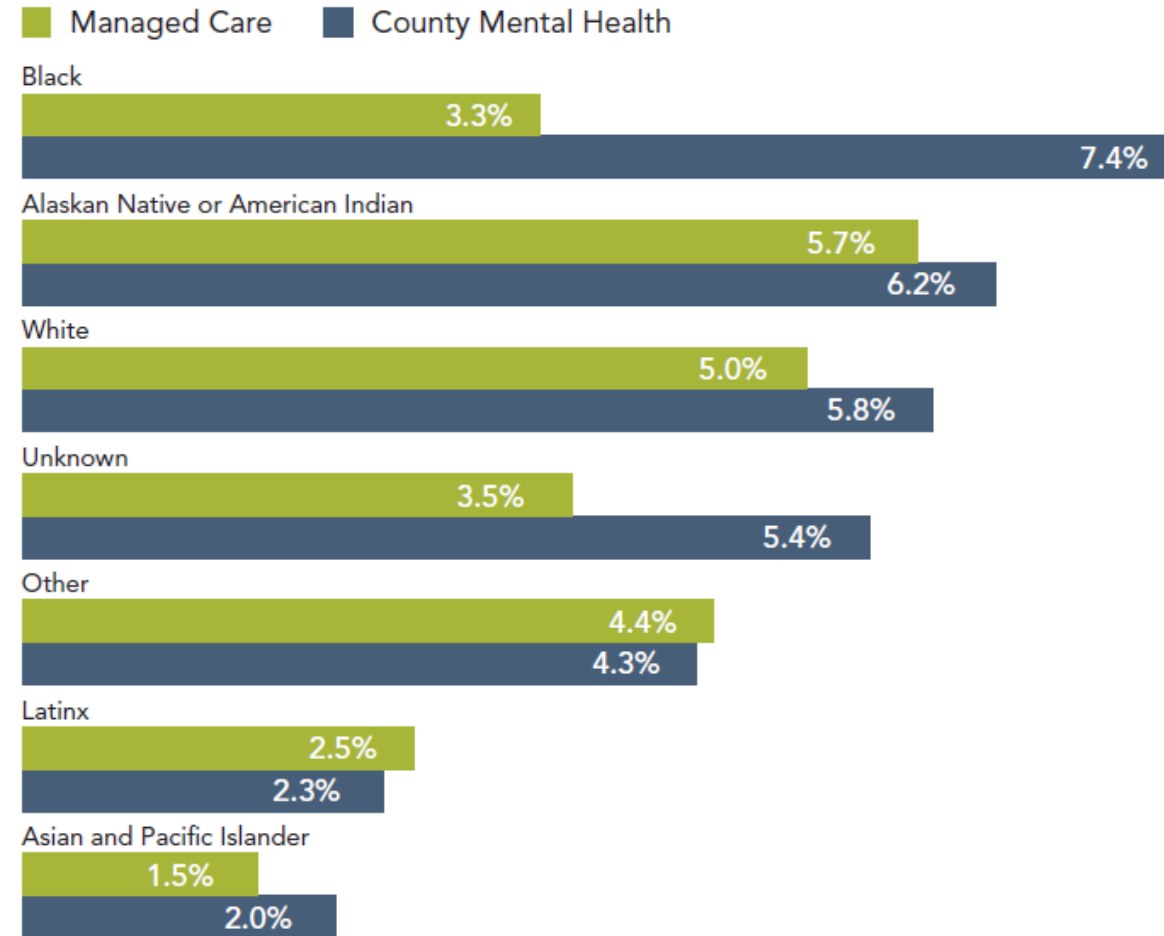


Source: *Performance Dashboard AB 470 Report Application*, California Health and Human Services Open Data Portal, accessed September 14, 2020.

CALIFORNIA HEALTH CARE FOUNDATION

Medi-Cal Mental Health Access Rates, Adults, by Race/Ethnicity, FY 2017-18

Mental Health Care Access Rates Vary by Race



Note: Data source uses *Hispanic*.

Source: *Performance Dashboard AB 470 Report Application*, California Health and Human Services Open Data Portal, accessed September 14, 2020.

“Looking to the future, the key is to understand that our population is our greatest asset. This very diverse population is a greater asset than our weather, than our coasts, than whatever lies in our mountains. It's our people that have made California from the start, and its our people that will make California in the future.”

Dr. Robert Suro, Professor of Public Policy at USC

