



របៀបវារៈនៃព្រឹត្តិការណ៍ស្តីពីសិទ្ធិក្នុងការព្យាបាល  
 លឆ្នាំ 2022  
 ថ្ងៃទី 20 ខែកញ្ញា ឆ្នាំ 2022

# របៀបវារៈនៃព្រឹត្តិការណ៍សិទ្ធិស្ត្រីក្នុងការព្យាបាលឆ្នាំ 2022

## ថ្ងៃទី 20 ខែកញ្ញា ឆ្នាំ 2022

- 9:30 - 10:00 តន្ត្រី, DJ Gitana 415
- 10:00 - 10:45 សូមស្វាគមន៍, កញ្ញា Marianna
- 10:45 - 10:55 ចំណាប់អារម្មណ៍តន្ត្រីដោយព្រះតេជគុណ Pau Keth ។
- **10:55 - 11:00 សម្រាក + ប្រគំតន្ត្រីដោយ DJ 415 Gitana**
- 11:00 - 12:30 គណៈកម្មការសមាជិកសហគមន៍
- **12:30 - 1:00 សម្រាកអាហារថ្ងៃត្រង់ + តន្ត្រី**
- 1:00 - 1:15 កាលវិភាគពេលវេលា
- 1:15 - 1:30 ការផ្សាយផ្ទាល់ការសម្តែងរបាំដោយ Reaksmei "Mea" Lath
- 1:30 - 1:35 Community Check-In
- **1:35 - 1:40 សម្រាក + ប្រគំតន្ត្រីដោយ DJ 415 Gitana**
- 1:40 - 3:10 ការប្រជុំតាមក្រុមតូចៗ
  - វគ្គប្រជុំសមភាពទិន្នន័យ -  
សមភាពទិន្នន័យគឺជាយុទ្ធសាស្ត្រដ៏សំខាន់មួយសម្រាប់ការកាត់បន្ថយភាពមិនស៊ីគ្នា និងការជំរុញសមធម៌សុខភាពផ្លូវចិត្ត។
  - ការកាត់បន្ថយការមាក់ងាយនៅក្នុងវគ្គសិក្សាសុខភាពផ្លូវចិត្ត -  
ការអនុវត្តល្អបំផុតនៅក្នុងការលុបបំបាត់ការមាក់ងាយដែលទាក់ទងនឹងខាងវប្បធម៌ និងខាងភាសាសម្រាប់សុខភាពផ្លូវចិត្ត
  - វគ្គសិក្សាអំពីកម្លាំងពលកម្ម -  
ការការពារសុច្ឆរិតភាពនៃគំរូកម្លាំងពលកម្មដែលកំពុងផុសឡើង៖ មិត្តភក្តិ បុគ្គលិកសុខាភិបាលសហគមន៍ និងអ្នកផ្សព្វផ្សាយ។
  - វគ្គសិក្សាអំពីភាពជាដៃគូសហគមន៍ - ការពង្រឹងសុច្ឆរិតភាព៖ យុទ្ធសាស្ត្រសម្រាប់ CBOs ដ៏រឹងមាំ និងភាពជាដៃគូរបស់ខោនធីនៅតាមសហគមន៍ជនបទ និងទីក្រុង។
- **3:10 - 3:25 សម្រាក + ប្រគំតន្ត្រីដោយ DJ 415 Gitana**
- 3:25 - 3:40 ការធ្វើសមាធិ
- 3:40 - 3:50 ឆ្លោតវត្ត
- 3:50 - 4:00 បិទកម្មវិធី

# **A Right to Heal: Centering Mental Health Multi-Racial Equity in California**

## **Speaker Directory**

### **Jimina Afuola**

She/Her | Jih-mean-uh Aw-fu-oo-lah

Advocacy Coordinator, Empowering Pacific Islander Communities (EPIC)

Email: [Jafuola@empoweredpi.com](mailto:Jafuola@empoweredpi.com)

Social Media: [@empoweredpi](#)

### **Jael Barnes**

She/Her

Pre-trial Justice Organizer, Decarcerate Sacramento

Email: [Jaelbarnes18@gmail.com](mailto:Jaelbarnes18@gmail.com)

Social Media: [@DecarcerateSac](#)

### **Brittney Butler, MS**

She/Her

Research & Programs Manager, California Black Health Network

Email: [bbutler@cablackhealthnetwork.org](mailto:bbutler@cablackhealthnetwork.org)

Social Media: [@yourcbhn](#)

### **Jack Chang**

Director of Special Projects, Fresno Interdenominational Refugee Ministries (FIRM)

Email: [Jack@firminc.org](mailto:Jack@firminc.org)

Social Media: [www.firminc.org](http://www.firminc.org)

## **Mandy Diec**

She/Her

Director, California Southeast Asia Resource Action Center

Email: [mandy@searac.org](mailto:mandy@searac.org)

Social Media: @SEARAC

## **Thuy Do, MPH**

She/Her/Hers | Twee Doe

California Program Manager, Southeast Asia Resource Action Center

Fun Fact: I am a yoga instructor!

Email: [thuy@searac.org](mailto:thuy@searac.org)

## **Rosa Flores**

She/Her/Ella | Roe-sah Flo-res

Director of Programs, Latino Coalition for a Healthy California

Email: [rflores@lchc.org](mailto:rflores@lchc.org)

Social Media: @\_morenathriving @LCHC\_CA

## **Angel Galvez, MA Leadership & Organization Psychology**

He/Him/El

Chief Executive Officer, Bakersfield American Indian Health Foundation

Fun Fact: I enjoy stinging myself with bees

Email: [agalvez@bakersfieldaihp.org](mailto:agalvez@bakersfieldaihp.org)

Social Media: [www.bakersfieldaihp.org](http://www.bakersfieldaihp.org)

[www.facebook.com/TheBAIHP](https://www.facebook.com/TheBAIHP)

## **Jodie Geddes**

Healing Services Manager, Restorative Justice Oakland Youth (RJOY)

Fun Fact: I ran the SF half marathon

Email: [Jodie@rjoyoakland.org](mailto:Jodie@rjoyoakland.org)

Social Media: @RJOYOakland

## **Lilyane Glamben**

She/Her

Senior Project Manager, ONTRACK Program Resources

Email: [lglamben@getontrack.org](mailto:lglamben@getontrack.org)

## **Lecia Harrison, LCSW**

Executive Director, Be Smooth Inc.

Email: [lecia@besmooth.org](mailto:lecia@besmooth.org)

Social Media: @besmoothinc

## **Boroy Hok**

He/His

Community Member

## **Komoia Johnson, Ph. D.**

Ko Moi Yah

Program Director, Restorative Justice Oakland Youth (RJOY)

Fun Fact: I love to repurpose, upcycle, and recycle discarded materials into art, jewelry, and crafts

Email: [komoia@rjoyoakland.org](mailto:komoia@rjoyoakland.org)

## **The Venerable Pau Keth**

Email: [watkmerlakeelsinore@gmail.com](mailto:watkmerlakeelsinore@gmail.com)

## **Mea Lath**

She/Her | Mee-ah Lah-th

Founder & Creative Director, Modern Apsara Company

Email: info@modernapsaraco.com

Social Media: @\_mealath @modernapsaraco

## **Gerardo Loera**

Director of Development and Communications, Indian Health  
Center of Santa Clara Valley

## **Divinity Matovu**

She/Her

Strategic Consultant, California Black Women's Health Project

Social Media: @CABWHP

## **Miss Marianna**

Edutainment Specialist

Email: bookmissmarianna@gmail.com

Social Media: @missmarianna365 www.missmarianna.today

## **Yeraldin Montiel**

She/Her/Hers

Outreach Program Supervisor, Community Health at Vista  
Community Clinic

Email: Yeraldin.E.Montiel@vcc.org

Social Media: @vcchealthcare

## **Richard "Razzle" Ragudo**

Spiritual Elder Tribal Member of Ihone Band of Miwok

## **Ginger Rogers**

She/Her

Teacher, Hupa Language Creative

Email: ginrenee@gmail.com

Social Media: [www.facebook.com/mamanikyaw](http://www.facebook.com/mamanikyaw)

## **Grissel Rosales**

She/Her/Hers

Community Leader, Poder Popular

## **Nataly Santamaria**

Central Valley Promotora Network Manager, Visión y Compromiso

Fun Fact: As a young child, I was training to be in ice figure skating

Email: nataly@visionycompromiso.org

Social Media: [www.facebook.com/visionycompromiso](http://www.facebook.com/visionycompromiso)

## **Angelica Segura-Brandi / DJ Gitana 415**

She/Her

An-hel-e-ka Se-gu-rah Bran-dee | D-jay Hee-ta-nah

DJ, American Indian Cultural Center/Chulita Vinyl Club

Fun Fact: I was born in Hawaii and love low riders

Email: asegurabrandi@gmail.com

Social Media: @chulitavinylclub @gitana\_creations @aicc\_sf

## **Amina Sen-Matthews, MA, MFT**

She/Her

Director of Programs, The Cambodian Family

Email: aminasm@cambodianfamily.org

Social Media: @Cam\_Fam

[www.facebook.com/TheCambodianfamily](http://www.facebook.com/TheCambodianfamily)

## **Rhonda Smith**

Executive Director, California Black Health Network

Email: [rsmith@cablackhealthnetwork.org](mailto:rsmith@cablackhealthnetwork.org)

Social Media: [@yourcbhn](http://www.linkedin.com/in/rhondamsmith)

## **Terry Supahan**

Executive Director, True North Organizing Network

Email: [terrys@truenorthorganizing.org](mailto:terrys@truenorthorganizing.org)

Social Media: [www.truenorthorganizing.org](http://www.truenorthorganizing.org)

## **Karina Valdespino, BA**

They/She

Outreach Program Coordinator, Vista Community Clinic

Fun Fact: My favorite comfort movie is Legally Blonde

Email: [Karina.G.Valdespino@vcc.org](mailto:Karina.G.Valdespino@vcc.org)

## **Montana Weekes**

He/Him/His

Communications Coordinator, California Consortium for Urban Indian Health (CCUIH)

Fun Fact: I'm learning Italian!

Email: [montana@ccuih.org](mailto:montana@ccuih.org)

Social Media: [@CCUIH\\_CA](https://www.facebook.com/CCUIH) [www.facebook.com/CCUIH](http://www.facebook.com/CCUIH)

## **Ge Yang**

Program Manager, Hmong Cultural Center of Butte County

Fun Fact: I love to eat mango/pomegranate/passion fruit ice cream

Email: [gyang@hmongculturalcenter.net](mailto:gyang@hmongculturalcenter.net)

Social Media: [www.facebook.com/HCCBC](http://www.facebook.com/HCCBC)