

*Welcome to*

**RIGHT TO HEAL**

# Centering Mental Health Multi-Racial Equity in California



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## Agenda

9:00AM - 9:30AM

**Registration + Networking**  
University Union Ballroom

- Breakfast and Coffee Served
- Music by [DJ Chanh Xanh](#)

9:30AM - 10:25AM

**Welcome**  
University Union Ballroom

- MC: Miss Marianna
- Land Acknowledgment And Welcome, Mary Tarango, Chairwoman Emeritus, Wilton Rancheria
  - Opening Remarks, Kiran Savage-Sangwan, CPEHN
  - Mingle Moment

10:25AM - 10:55AM

**Keynote: Sonia Guiñansaca**  
University Union Ballroom

Sonia Guiñansaca (Kichwa-Kañari) is an international award-winning queer migrant poet, cultural organizer, and social justice activist. As part of their keynote address, Sonia will perform a poetry reading to center us as we create space and hold community

10:55AM - 11:55AM

**Lived Experience Panel on the State of Mental Health Systems**  
University Union Ballroom

This panel will explore inter-racial solidarity, the on-going impact of COVID-19, and discuss solutions that work.

Facilitator: Jodie Ann Geddes

Speakers:

- Adele James
- Thongdy Mangal
- Melissa Hernandez
- Adriana Diego

11:55AM - 12:55PM

**Lunch Break + Music**  
University Union Ballroom

- Lunch Served
- Music by DJ Chanh Xanh

12:55PM - 1:15PM

**Live And Musical Performance**  
University Union Ballroom

- "Robom Tiyae" Dance Performance by Reaksmey "Mea" Lath
- "Salavan" Musical Performance by Vicki Kham and Fresno Interdenominational Refugee Ministries Dance Class

1:15PM - 2:10PM

**Tiny Teaches**  
University Union Ballroom

*Bite-sized conversations on key topics*

- **Interactive Messaging and Communications Activity Regarding Stigma Reduction**  
Location: University Union Ballroom
- **Challenges of Behavioral Health Workforce and What AltaMed is Doing to Create Pipeline Programs**  
Location: Redwood
- **The Cumulative Effect of Racial Trauma and Microaggressions**  
Location: University Union Ballroom
- **Peer Support for People with Co-Occurring Mental Health Conditions**  
Location: Hinde Auditorium

2:10PM - 3:10PM

**Regional Breakouts**  
University Union Ballroom

Attendees will break out into different regions to build regional connections, identify assets + resources, and brainstorm demands and needs.

**Regions:**

- Northern California
- Bay Area
- Sacramento Region
- High Sierra Desert
- Central Valley
- Central Coast
- Inland Empire
- Los Angeles
- San Diego

3:10PM - 3:20PM

**Right To Heal Podcast Announcement**  
University Union Ballroom

Studio To Be and CPEHN are launching the first-of-a-kind podcast series.

3:20PM - 3:45PM

**Awards Ceremony**  
University Union Ballroom

We are celebrating the dedication and commitment of our mental health advocates.

3:45PM - 4:00PM

**Isang Bagsak (Unity Clap)**  
University Union Ballroom

Isang Bagsak was started during the 1965 Farm Workers Movement with Filipinx/a/o & Latinx farmworkers, continued during the People's Power Movement in the 80s until today.



# Speaker Directory

Name	Organization	Email
Miss Marianna	Mariworks	bookmissmarianna@gmail.com
DJ Chanh Xanh	<u>Musician</u>	chanhxanh1111@gmail.com
Sonia Guiñansaca	<u>Portfolio</u>	soniagbooking@gmail.com
Mary Tarango	Wilton Rancheria	n/a
Jodie Ann-Geddes	Restorative Justice for Oakland Youth	jodie@rjoyoakland.org
Adele James	Adele James Consulting	adele@adelejamesconsulting.com
Thongdy Mangala	Fresno Interdenominational Refugee Minis...	kashoua@firminc.org
Melissa Hernandez	Vista Community Clinic	melissa.hernandez@vcc.org
Adriana Diego	Mixteco Indigena Community Organizing Project/Proyecto Mix...	adriana.diego@mixteco.org
"Mea" Lath	Modern Apsara Company	info@modernapsaraco.com
Vicki Kham	Fresno Interdenominational Refugee Ministries	vicki@firminc.org
Kashoua Thao	Fresno Interdenominational Refugee Ministries	kashoua@firminc.org
Dr. Sandra Pisano	AltaMed	spisano@altamed.org
Lecia Harrison	Be Smooth, Inc.	lecia@besmooth.org
Tiffany Elliot	Painted Brain	tiffany.elliott@paintedbrain.org
Rhonda Smith	California Black Health Network	rsmith@cablackhealthnetwork.org
Thuy Do	Southeast Asia Resource Action Center	thuy@searac.org
Paola Illescas	Latino Coalition for a Healthy California	pillescas@lchc.org
Rosa Flores	Latino Coalition for a Healthy California	rflores@lchc.org
Teyah Lopez	California Consortium for Urban Indian Health	teyah@ccuih.org
Akintunde Ahmad	Studio to Be	akintundeahmad@gmail.com
Mary Tarango	Chairwoman Emeritus, Wilton Rancheria	miwokmama@hotmail.com
Kiran Savage-Sangwan	California Pan-Ethnic Health Network	ksavage@cpehn.org
Carolina Valle	California Pan-Ethnic Health Network	cvalle@cpehn.org
Vincent Chou	California Pan-Ethnic Health Network	vchou@cpehn.org
Mihae Jung Lozano	California Pan-Ethnic Health Network	mlozano@cpehn.org
Andrea Mackey	California Pan-Ethnic Health Network	amackey@cpehn.org
Michael Baltzar	<u>Photography</u>	mykeyphotog@gmail.com



RIGHT TO HEAL

# Centering Mental Health Multi-Racial Equity in California is presented in partnership by

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