



A Right to Heal: A Podcast About Mental Health Equity

Proposition 63, the Mental Health Services Act was a landmark mental health bill in California that has funded community services and promoted culturally relevant treatment across the state for two decades. Now the governor wants to shift some of that money toward moving homeless people off of the streets. This series explores the impact the governor's plan will have on BIPOC and LGBTQ communities, and their efforts to take control of their own mental health care.

“This is a podcast about YOU. About US. These are OUR stories of advocacy.”

A Right to Heal Podcast is available on Apple Podcasts.

The Showdown

This episode drops us in the middle of a political showdown in the state capitol over mental health funding in California. Two advocates break down the arguments, what's at stake, and whose lives hang in the balance.

Listen to Episode #1: The Showdown [here](#).

Peers

This episode looks at peer support services and the critical role they play in community-driven mental health care. The state government was late to adopt this essential model, and now advocates and providers are pushing to professionalize peers across California. We hear one provider's journey from hopelessness to helping others.

Listen to Episode #2: Peers [here](#).

D.I.Y.

Two providers in Southern California work to break through the walls of systemic racism. With major changes likely coming to California's Mental Health Services Act, funding for their organizations is uncertain. Still, they're each finding ways to push forward. One is working to legitimize traditional practices within the mainstream mental health system. The other is getting political.

Listen to Episode #3: D.I.Y. [here](#).

Kids

In the battle over mental health funding in California, an advocate takes a stand for kids. Then, a woman in Stockton starts to see cracks in the system when a third-grade teacher moves her son's desk outside the classroom. Decades later this same woman is a social worker committed to ending the school-to-prison pipeline.

Listen to Episode #4: Kids [here](#).

Stories

California lawmakers vote on whether to put changes to critical mental health funding on the March ballot, but not before advocates have one last say. And a Karuk tribal member in Humboldt County uses the power of storytelling to help people find their voices.

Listen to Episode #5: Stories [here](#).