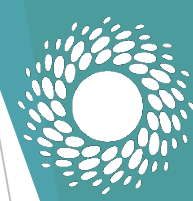


California Pan-Ethnic
HEALTH NETWORK

CPEHN Mental Health Briefing

Wednesday, November 18 – 11:00am-1:00pm

Thursday, November 19 – 12:30pm-2:00pm



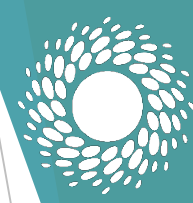
Housekeeping Items

Your Moderator: Carolina Valle, Senior Policy Manager here with CPEHN.

- ▶ Everyone is muted.
- ▶ **Please change your Zoom name to your full name** so others know who you are
- ▶ Today's session is being recorded and will be available on our website in the coming days
- ▶ During breaks, please remain on Zoom

Use the chat box!!!

- ▶ **Introduce yourself in the chat box** and tell us: your name, organization, pronouns and **share with us why you joined the mental health briefing today**
- ▶ **Post your questions** to the speakers. CPEHN staff will facilitate your questions during Q&A!
- ▶ **Access relevant materials including speaker biographies** via the links CPEHN facilitator posted
- ▶ Interact with each other :)

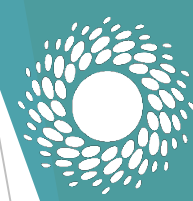


Mental Health Briefing- Day 1 Agenda



Le Ondra Clark Harvey, Ph.D., Chief Executive Officer of the California Council of Community Behavioral Health Agencies

Opening Remarks: The impact of COVID-19 and structural racism on access to mental health services for communities of color.

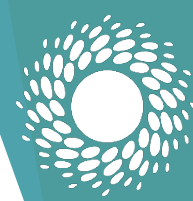


Mental Health Briefing- Day 1 Agenda

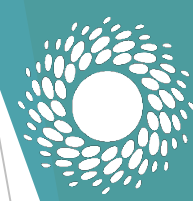


**Kiran Savage Sangwan, MPA,
Executive Director, California
Pan-Ethnic Health Network**

Session 1: Release of California Health Care Foundation and California Pan-Ethnic Health Network's Joint Publication: Mental Health Disparities by Race and Ethnicity in Medi-Cal.

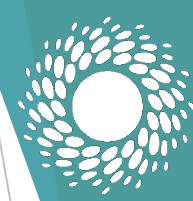


Disparities in Medi-Cal Mental Health



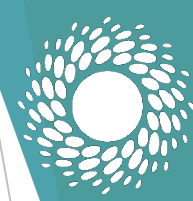
About Medi-Cal's Mental Health System

- ▶ The Medi-Cal mental health benefit is delivered through two systems.
- ▶ Counties retain responsibility for providing Medi-Cal specialty mental health systems, including all inpatient psychiatric services.
- ▶ Managed Care plans provide mental health services to their enrollees with mild-to-moderate conditions.



AB 470: The Mental Health Equity Act

- ▶ **2017:** Governor Jerry Brown signs AB 470 (Arambula) signed into law.
- ▶ **2018:** CPEHN convenes Advisory Workgroup to develop recommendations for AB 470's implementation, and publishes an accompanying report, *Measuring Mental Health Disparities*
- ▶ **2019:** DHCS publishes the first AB 470 dataset, focusing on county specialty mental health plans.
- ▶ **2020:** DHCS publishes the second AB 470 dataset, adding data for Medi-Cal managed care plans, aggregated by county.

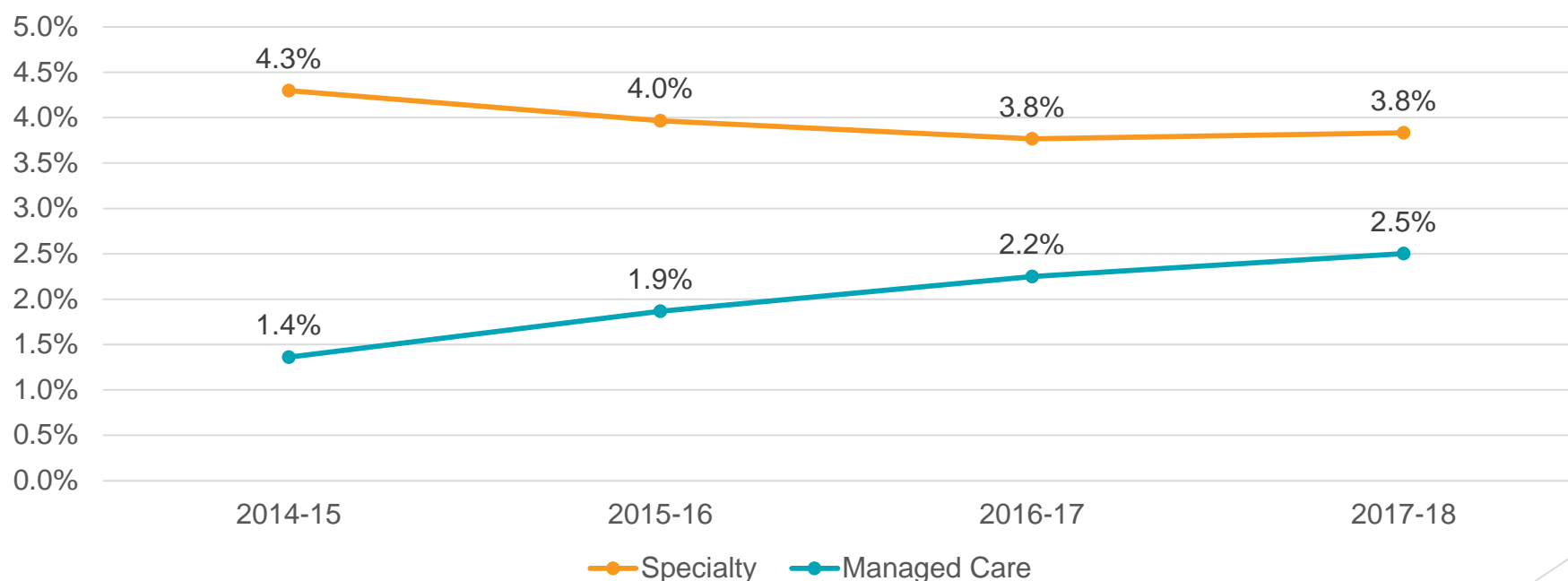


Key Terms

- ▶ **Specialty mental health services:** Services for Medi-Cal enrollees with serious mental illness. **County mental health plans** are responsible for the provision of these services.
- ▶ **“Mild-to-moderate” mental health services:** Services for adults enrolled in a Medi-Cal managed care plan who have a “mild-to-moderate” impairment of mental, emotional, or behavioral functioning. **Managed care plans** are responsible for the provision of these services.

Between 3% and 4% of Eligible Enrollees Received Medi-Cal Mental Health Services in 2017–18

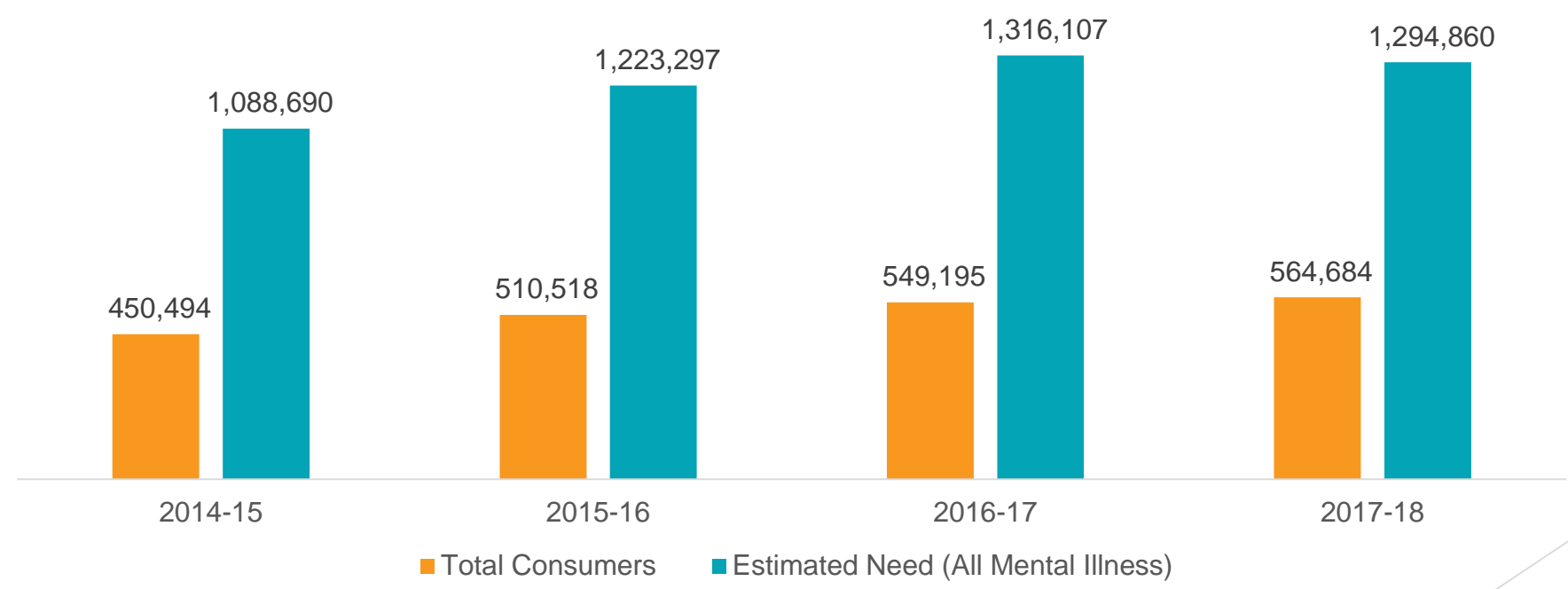
Medi-Cal Mental Health Access Rates, Managed Care Plans and County Specialty Mental Health Plans, by Year



Source: Performance Dashboard AB 470 Report Application, California Health and Human Services Data Portal, Last Updated February 13, 2020

Access to Medi-Cal Mental Health Services Falls Short of Estimated Prevalence

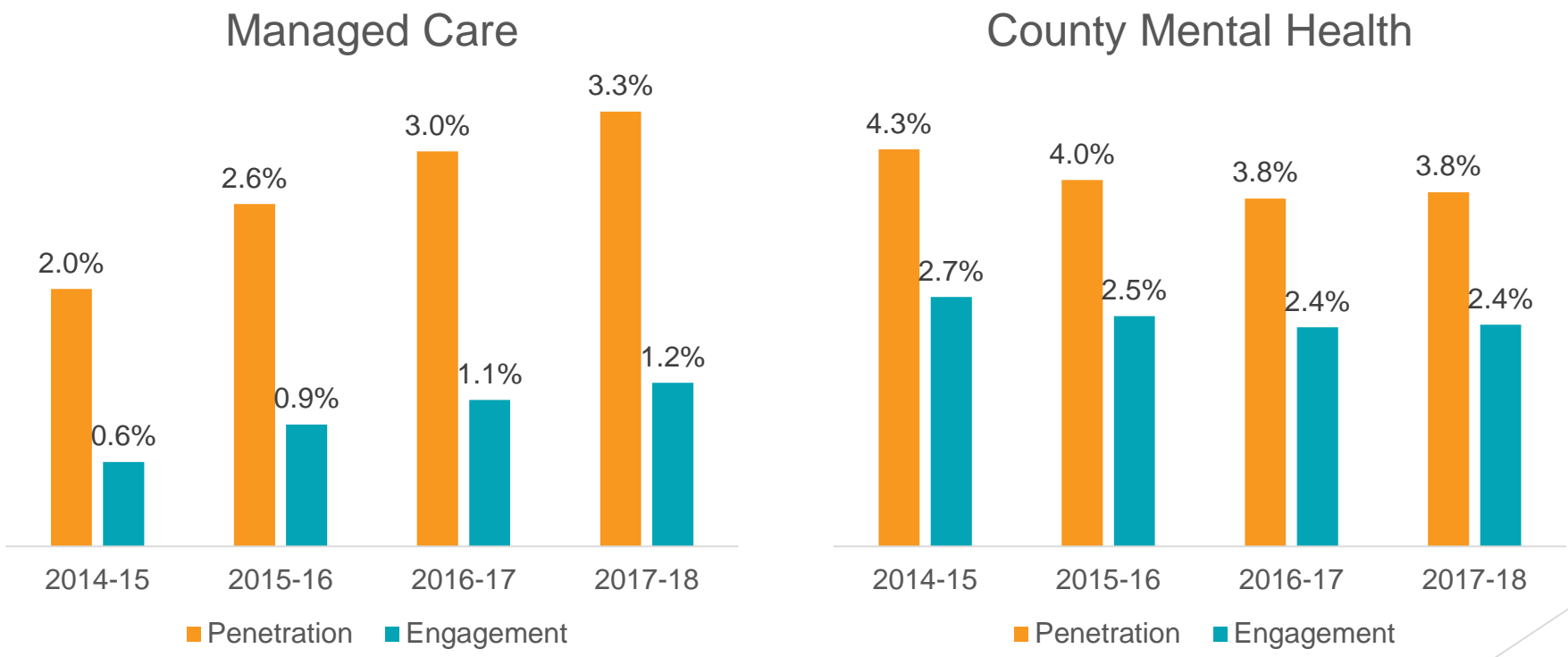
Medi-Cal Mental Health Access Rates, Adults, by Year, vs. Estimated Prevalence



Source: Performance Dashboard AB 470 Report Application, California Health and Human Services Data Portal, Last Updated February 13, 2020

Few Enrollees Receive Five or More Mental Health Services in a Year

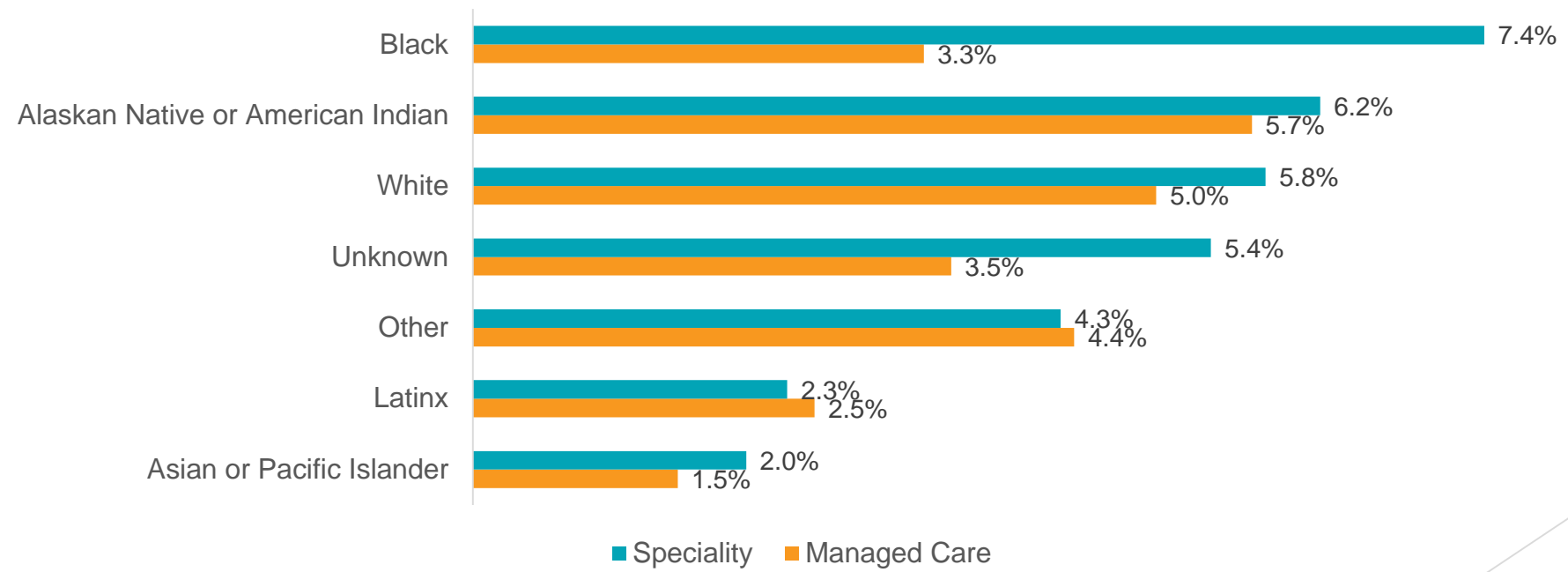
Medi-Cal Mental Health Access and Engagement Rates, Adults, Managed Care Plans and County Specialty Mental Health Plans, by Year



Source: Performance Dashboard AB 470 Report Application, California Health and Human Services Data Portal, Last Updated February 13, 2020

Mental Health Access Rates Vary by Race/Ethnicity

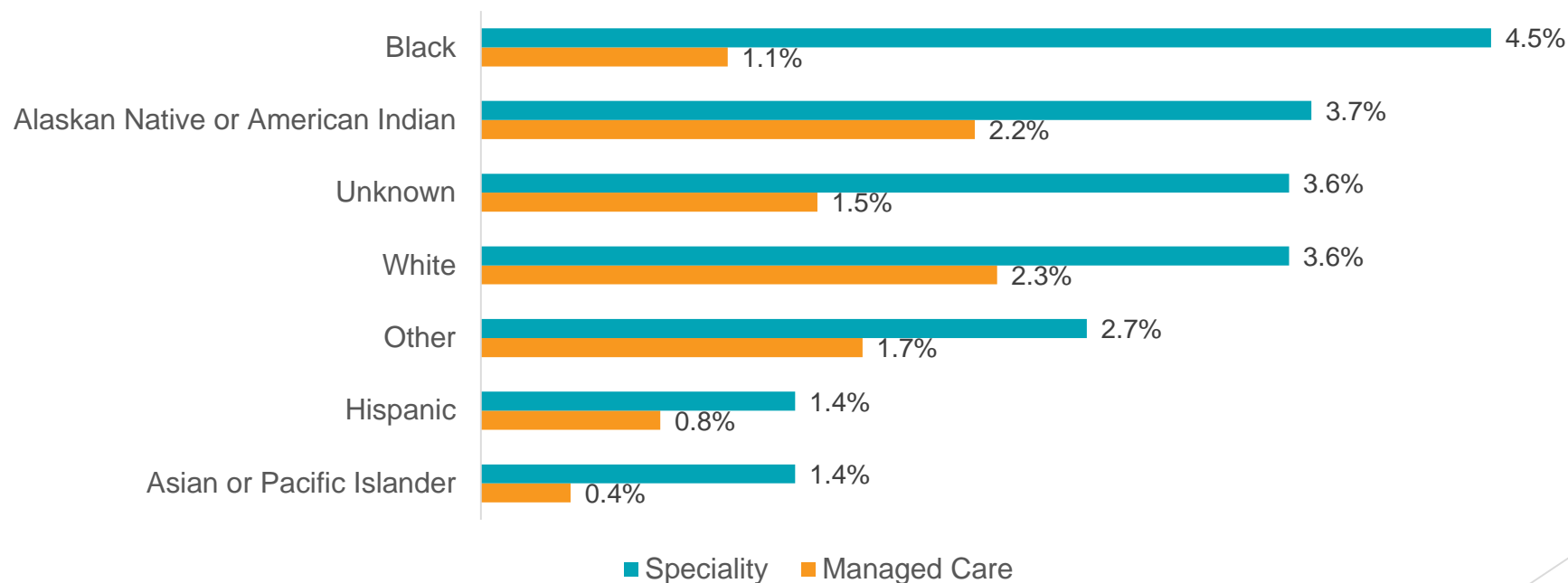
Medi-Cal Mental Health Access Rates, Adults, by Race/Ethnicity, FY 2017–18



Source: Performance Dashboard AB 470 Report Application, California Health and Human Services Data Portal, Last Updated February 13, 2020

Mental Health Care Engagement (5+ services) Also Varies by Race/Ethnicity

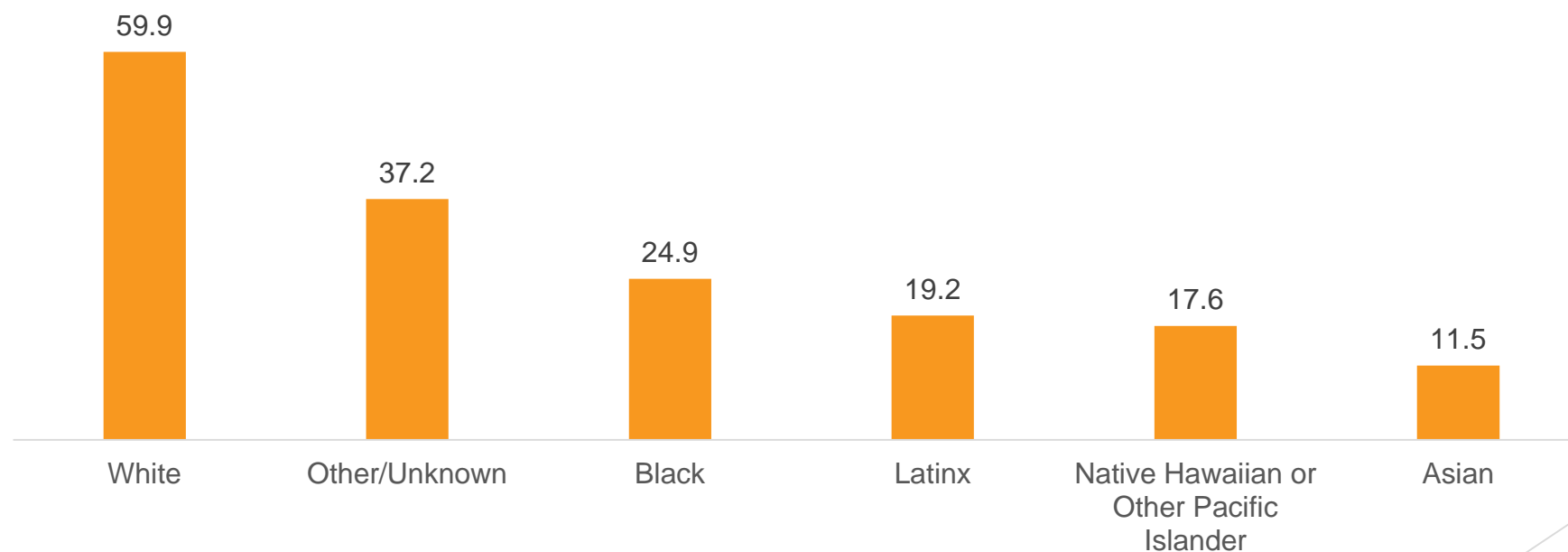
Medi-Cal Mental Health Continued Service Rates, Adults, by Race/Ethnicity, FY 2017–18



Source: Performance Dashboard AB 470 Report Application, California Health and Human Services Data Portal, Last Updated February 13, 2020

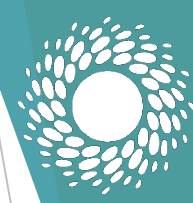
White Enrollees Receive More Mental Health Services from Their Medi-Cal Managed Care Plan Than Other Racial and Ethnic Groups

Managed Care Plan Mental Health Services per 1,000 Members,
All Ages, September 2019



Source: *Managed Care Performance Monitoring Dashboard Report, California Department of Health Care Services, June 22, 2020*

Mental Health Briefing- Day 1 Agenda



California Pan-Ethnic
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Poll Question

Mental Health Briefing- Day 1 Agenda

Session 2: Local Programs and Policies California Should Scale Up



Mihae Jung, MSW, Community Advocacy Director, California Pan-Ethnic Health Network



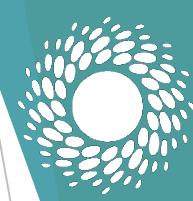
Tracy Lacey, LMFT, Senior Mental Health Services Manager, Solano County Behavioral Health Department



Gulshan Yusufzai, Executive Director, Muslim American Society- Social Services Foundation

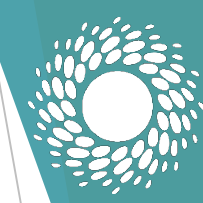


Anna Gorman, MS, MPH, Director of Community Partnerships and Programs, Los Angeles County Department of Health Services



Slide Break

- ▶ We will now be taking a 5 minute break!
- ▶ Get up and stretch! Take care of yourself!
- ▶ Please keep your zoom on! We don't want to lose you!

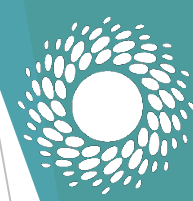


Mental Health Briefing- Day 1 Agenda

Session 3: California State and Budget Landscape



**Michelle Doty Cabrera, Executive
Director, California Behavioral
Health Directors Association**



Mental Health Briefing- Day 1 Agenda

Thank you!

If you haven't already, please register for Day 2, happening tomorrow from 12:30 PM to 2 PM at <https://cpehn.org/updates/2020/11/upcoming-events>

If you haven't signed up for our new mental health newsletter - sign up <https://cpehn.us10.list-manage.com/subscribe?u=e935a324612c83a6fa9e8d054&id=7b3b6057a3>