

Mental health and substance use are critical public health concerns. CPEHN, in partnership with local organizations, compiled this overview of the state of mental health and substance use issues and access to care in the county, as well as key recommendations for advancing equity.

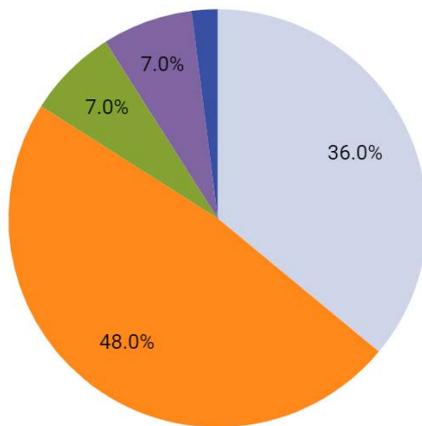


## County Demographics

### Race / Ethnicity

U.S. Census Bureau, Population Estimates Program (PEP), 2016

● White 
 ● Latino 
 ● Black 
 ● Asian/Pacific Islander 
 ● Native American



### Health Facts<sup>1</sup>

- 848,535 (36%) of Riverside County residents are enrolled in Medi-Cal
- 218,539 Riverside County residents were enrolled through Medi-Cal Expansion
- 9% in Riverside County suffer from psychological distress; mental health has been identified among the top community health need
- 17% of Riverside County residents report their health status as fair or poor, similar to all Californians

### Primary Language Spoken

U.S. Census Bureau, Statistical Atlas, 2015

<b>Spanish</b>	33%
<b>Asian-Pacific Islander</b> (including Tagalog, Chinese, & Vietnamese)	3%

### Poverty

California Health Interview Survey, 2015

	<b>Below 100% FPL</b>	<b>Below 200% FPL</b>	<b>Above 300% FPL</b>
<b>Riverside County</b>	18%	42%	41%
<b>California</b>	19.8%	39.5%	46.5%

<sup>1</sup> Sources: California Department of Health Care Services (2017); California Department of Finance (2017); UCLA Center for Health Policy Research, California Health Interview Survey (2015); Eisenhower Medical Center Riverside Community Health Needs Assessment (2016).



## Delivery of Services

Medi-Cal enrollees receive mental health and substance use services primarily through Medi-Cal Managed Care plans (MCPs) and Riverside County’s Mental Health Plan (MHP). Riverside’s two MCPs and the county MHP provide Medi-Cal services through a coordinated system of care in which enrollees may receive a portion of their care from the MCP and other portions from the MHP depending upon their mental health and substance use care needs. *MCPs in Riverside: (1) Inland Empire Health Plan; (2) Molina Healthcare of California Partner Plan.*

Medi-Cal Managed Care Plans (MCPs)	Service Coordination & Referral	County Mental Health Plan (MHP) <sup>§</sup>
MCPs and their subcontractors primarily deliver outpatient mental health services including: <ul style="list-style-type: none"> <li>Outpatient individual or group therapy</li> <li>Medication management</li> <li>Psychological testing</li> <li>Outpatient supplies, labs, &amp; medications</li> <li>Psychiatric consultation</li> </ul>	<b>MCP &amp; MHP</b> 	The MHP provides specialty services for adults meeting medical necessity criteria and children including: <ul style="list-style-type: none"> <li>Rehabilitative mental health services</li> <li>Targeted case management</li> <li>Psychiatric inpatient hospitalization</li> <li>EPSDT, including supplemental services</li> </ul> <p style="font-size: small; margin-top: 10px;"><sup>§</sup> Access services 24/7 by calling 1-800-706-7500.</p>

- In the Works:**
- 7 housing developments providing nearly 700 housing units upon completion.
  - Whole Person Care Pilot Program providing approximately 38,000 Medi-Cal enrollees with additional care coordination services.



## Community Recommendations to Advance Equity

CPEHN facilitated a community dialogue on November 15, 2016 to identify recommendations.

Policy & Practice	Education
<ul style="list-style-type: none"> <li>■ Facilitate advocacy training for service providers and community based organizations at community events including commission and committee meetings.</li> <li>■ Work with community members to identify locations for accessing behavioral health services.</li> <li>■ Improve data aggregation to highlight conditions for specific populations.</li> <li>■ Create opportunities for community members and community based organizations to come together and encourage more collaboration.</li> <li>■ Participate in the Drug Medi-Cal Organized Delivery System, expanding substance use treatment services for Medi-Cal enrollees.</li> </ul>	<ul style="list-style-type: none"> <li>■ Work with community organizations, clinics, and advocates to break the stigma of seeking mental health and substance use services.</li> <li>■ Educate people on their rights, regardless of immigration status.</li> <li>■ Encourage the use of these vital services for communities of color.</li> <li>■ Educate county officials on community recommendations to improve access to services and culturally appropriate services.</li> <li>■ Develop a campaign to raise awareness of mental health services covered by insurance plans.</li> </ul>

*Participants included African American Mental Health Coalition, IECAAC, California Partnerships, Loma Linda University, ACLU of Southern California, Preparandonos Para Las Liscencias, Community Clinic Association of San Bernardino.*